



Health and Sports Science Module Handbook
Faculty of Sports Science Universitas Negeri Makassar

Module designation		<i>Adapted Sports</i>				
Semester(s) in which the module is taught		5				
Person responsible for the module		Dr. Arimbi, S.Or.,M.Pd				
Language		Bilingual (Bahasa and English)				
Relation to curriculum		Compulsory				
Teaching methods		3 parallel classes consist of 35 students/class: 1) Lecture (Face to face lecture): 2 hours x 14 weeks 2) Practical class: 2 hours x 14 weeks				
Workload	Total workload	140 hours				
		Face to face teaching	Structured activities	Independent study	Exam	total
	Lecture	28	28	28	4	88
	Practical class	28	10	10	4	52
	Total					140
Credit points		2 credits				
Required and recommended prerequisites for joining the module		None				
Module objectives / intended learning outcomes		<p>The primary objectives of this module are to facilitate a positive attitude and create a knowledge base in undergraduate students towards the provision of sport services to individuals with disabilities. At the conclusion of this course, students will be able to:</p> <ol style="list-style-type: none"> 1. Recognize the historical, legal, and cross-disciplinary foundations of adapted physical/sport activity. 2. Identify characteristics of various disabling conditions and the implications for physical/sport programming. 3. Discuss and develop appropriate technique, procedure and materials of the sport activity program for individuals with disabilities. 4. Demonstrate the ability to adapt materials and techniques for physical and motor fitness to the needs of students with disabilities. 				



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<p>Content</p>	<ul style="list-style-type: none"> • Introductory concepts - the historical, legal, and cross-disciplinary foundations of adapted physical activity. • Intellectual disabilities • Autism spectrum disorders • Visual disabilities and hearing impairments • Cerebral palsy, traumatic brain injury, and stroke • Other health impairment conditions: ADHD • Sport framework for individuals with disabilities • Implementing traditional and adapted sport in individuals with disabilities
<p>Exams and assessment formats</p>	<p>Quizzes Intent: Throughout the semester, there will be quizzes covering our readings and lectures. This will help to assimilate the information we have gathered. Weight: 20%</p> <p>School Observations Intent: We have established a great relationship with one of local special needs schools. During the semester, students will be working with students with disabilities and applying what they have learned in class to the real world. Attendance and participation are required. Weight: 30%</p> <p>Final exam (Project-based Assessment)</p> <ul style="list-style-type: none"> • Students will work individually with one student with a disability within the school they are assigned. • Students will assess cognitive, motor, and fitness components; find appropriate community based sport activity opportunities, develop a personal profile of their student. • Students will write a report explaining a comprehensive personal profile of their student along with individualized sport activity plan. <p>Weight: 50%</p>



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Study and examination requirements	Students are expected to attend all classes, including school observations, unless circumstances prevent them from attending and an email was sent prior to class. Final grading will be based on students' attendance, their participation in quizzes, their participation in the school observations, and their final project-based exam.
Reading list	<ol style="list-style-type: none">1. Winnick, J.P., & Porretta, D. L. (2017). Adapted Physical Education and Sport, 6th Edition. Human Kinetics.2. Arimbi, A., & Puspita, L. (2019). <i>Development of Adaptive Penjas Model</i>. Badan Penerbit UNM.3. Sudarsini, S. (2016). <i>Adaptive Physical Education</i>. Gunung Samudera.