

**Health and Sports Science Module Handbook**  
**Faculty of Sports Science**  
**Universitas Negeri Makassar**

Module designation	Football
Semester(s) in which the module is taught	3
Person responsible for the module	Dr. Saharullah, M.Pd
Language	Bahasa
Relation to curriculum	Compulsory
Teaching methods	Lectures and practice
Workload (incl. contact hours, self-study hours)	The course is divided into 3 parallel classes and is planned to have 14 weeks of teaching and 2 weeks of exams
Credit points	2 credits
Required and recommended prerequisites for joining the module	None
Module objectives/intended learning outcomes	<ol style="list-style-type: none"> <li>1. Knowledge and understanding <ol style="list-style-type: none"> <li>1) football <ol style="list-style-type: none"> <li>a. History of Ancient Football in the World</li> <li>b. History of Football In Indonesia</li> </ol> </li> <li>2) Basic Football Techniques <ol style="list-style-type: none"> <li>a. Herding</li> <li>b. Passing</li> <li>c. Stopping the ball</li> <li>d. Controlling the ball using the thigh</li> <li>e. Control the ball using the chest</li> <li>f. Ball heading</li> <li>g. Kicking the ball</li> <li>h. Goalkeeper</li> </ol> </li> </ol> </li> </ol>
Content	The module contains the theories and practices of the basics of football. Football is a sports game played by two opposing teams. Each team has 11 players and tries to score as many balls as possible against opponents
Exams and assessment formats	The exam is conducted 2 times, namely midsemester and final semester. Exam questions in the form of essays in the form of theory and practice. Each question

	has a different weight value according to the level of difficulty.
Study and examination requirements	The procedure to take the final exam of the semester must be attended by the students at least 80%. Quiz scores and assignments 5-10% of the overall final score, the final score of 60 new passed. The mid-semester exam is a theory test. The final mid-semester exam is a practice test.
Reading list	<ol style="list-style-type: none"> <li>1. Saharullah &amp; Hasyim (2018). History, Rules, and Guidelines for Coaching football. UNM Makassar Publishing Agency.</li> <li>2. Ma'u Mellius, Santoso. 2014. Basic Techniques of Playing Football. Cakrawala, Yogyakarta.</li> <li>3. Scheunemann Timo. 2014. Curriculum and Basic Guidelines for Indonesian Football for Early Childhood, Youth and Youth. Publisher PT. Gramadia Main Library, Jakarta.</li> </ol>