



Health and Sports Science Module Handbook
Faculty of Sports Science Universitas Negeri Makassar

Module designation		<i>History and Philosophy of Sport</i>				
Semester(s) in which the module is taught		1				
Person responsible for the module		Dr. Wahyudin, M.Pd Dr. Saharullah, M.Pd Sulaeman, S.Pd, M.Pd				
Language		Bilingual (Bahasa and English)				
Relation to curriculum		Compulsory				
Teaching methods		3 parallel classes consist of 35 students/class: 1) Lecture (Face to face lecture): 2 hours x 14 weeks 2) Practical class: -				
Workload	Total workload	88 hours				
		Face to face teaching	Structured activities	Independent study	Exam	total
	Lecture	28	28	28	4	88
	Practical class					
	Total					88
Credit points		2 credits				
Required and recommended prerequisites for joining the module		None				
Module objectives/intended learning outcomes		<p>By the end of this course student will be able to:</p> <ol style="list-style-type: none"> 1. Discuss the development of sport from a historical and philosophical perspective. 2. Describe how sport played a central role in human development and advances in culture. 3. Identify the contributions that sport have played in the development of various cultural institutions and civilizations. 4. Exhibit an understanding of important historical events, such as the Olympic Games, and their impact on the nature of sport and its perceived values. 5. Describe the contributions of non-Western civilizations to the development of sport in western civilization. 6. Philosophically justify the importance of sport in society and communicate a personal philosophy of sport. 7. Show an understanding of modern forms of sport and 				



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	<p>exercise, and their role in contemporary culture.</p> <p>8. Identify and use scholarly resources for study in the field of sport history and philosophy.</p>
Content	<ol style="list-style-type: none"> 1. History, philosophy, and kinesiology. 2. Bodies, brains, and cultures: human origins and the riddles of why people run. 3. The transition from endurance predators to farmers: the birth of civilization. 4. Ancient Greece and the shape of modern sport and physical education: power of the past in the present and future. 5. Expansion of the west and the birth of the modern world: global transformations of physical cultures 6. The rise of international sport worlds: the Olympics, the world cup, and other competitions. 7. The golden age of modern sport and snapshots from our times.
Exams and assessment formats	<p>Assignments (Presentation) Students, in a small group of 3-4 students, create and present on a topic of historical or philosophical importance of sport in society. Weight: 25%</p> <p>Mid Semester Exam Exams: Exams may include multiple choice, fill in the blank, matching and essay questions. They will cover lecture notes, readings, and various discussions. Weight: 25%</p> <p>Final Semester Exam (Research Paper) Students will complete a 4-6 page of critical essay requiring standard, recognized research and documentation. Weight: 50%</p>
Study and examination requirements	<p>The exam is conducted 2 times, namely mid-semester and final semester. Students are expected to attend all classes unless circumstances prevent them from attending and an email was sent prior to class. Final grading will be based on students' attendance, their participation in completing the assignments, and their scores in mid and final examinations.</p>



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Reading list	<p>Kretchmar, R. S., Dyreson, M., Liewellyn, M., & Gleaves, J. (2017). History and philosophy of sport and physical activity. Human Kinetics.</p> <p>Aggerholm, K. (2019). Talent development, existential philosophy and sport: On becoming an elite athlete. Routledge.</p> <p>Mechikof, R. (2014). History and philosophy of sport and physical education : From ancient civilizations to the modern world. McGraw-Hill.</p>
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