

<b>Module Code</b>	Pencak Silat
<b>Module Level</b>	Bachelor
<b>Abbreviation, If any</b>	-
<b>Subtitles, If any</b>	-
<b>Course included in the module, if any</b>	-
<b>Semester</b>	4
<b>Module Coordinator</b>	Andi Atssam Mappanyuki S.Or.,M.Kes
<b>Lecturers</b>	Andi Atssam Mappanyuki S.Or.,M.Kes Muslim Bin Ilyas S.Or.,M.Pd
<b>language</b>	Indonesian
<b>Classification in curriculum</b>	Compulsory
<b>Format teaching / class hours per week during semester</b>	The course is divided into 3 parallel classes and is planned to have 14 weeks of teaching and 2 weeks of exams
<b>Work Time</b>	Estimated working hours: 12 hours /week
<b>Credit Point</b>	4-0 credits
<b>Requirement</b>	-
<b>Learning objectives / competencies</b>	<ol style="list-style-type: none"> <li>1. Knowledge and understanding <ol style="list-style-type: none"> <li>a. Introduction to the history of pencak silat</li> <li>b. Institutional introduction and symbol meaning</li> <li>c. Mastering basic pencak silat techniques</li> <li>d. Understanding the category of matches in pencak silat</li> <li>e. Understand the rules on pencak silat.</li> </ol> </li> <li>2. intellectual abilities/skills <ol style="list-style-type: none"> <li>a. Able to understand the brief history of pencak silat</li> </ol> </li> </ol>

	<ul style="list-style-type: none"> <li>b. Able to give examples of techniques on pencak silat</li> <li>c. Able to perform practical martial arts moves</li> <li>d. Able to referee the jury or the committee in the match pencak silat</li> </ul> <p>3. Practical skills</p> <ul style="list-style-type: none"> <li>a. Applying pencak silat with other related sciences</li> <li>b. Obtain information about pencak silat based on science and technology</li> </ul> <p>4. Managerial and transferable skills</p> <ul style="list-style-type: none"> <li>a. Able to do group work</li> <li>b. Leading case discussions in solving a problem</li> <li>c. Using technology in learning pencak silat effectively</li> </ul> <p>5. attitude</p> <ul style="list-style-type: none"> <li>a. Active in finding solutions to problems provided in learning pencak silat</li> <li>b. Sensitive and critical to problems that arise in society related to massage</li> </ul>
<b>Content (content outlined in the module)</b>	<p>Pencak silat is a branch of traditional martial arts in Indonesia, born and developed as a local culture. In a more general sense Pencak silat is a physical, spiritual, artistic, and cultural heritage education of the nation, and has the value to increase laughter towards God Almighty, heighten intelligence, skills, strengthen personality and thicken confidence.</p> <p>In learning pencak silat students are expected to understand basic techniques, mampu give examples of practical martial arts and understand the rules of the game on pencak silat.</p>
<b>Learning achievements / exams</b>	<ul style="list-style-type: none"> <li>1. Midterm: 30%</li> <li>2. Final exam: 30%</li> <li>3. Quizzes and discussions: 20%</li> <li>4. Presentation and work in groups: 20%</li> </ul>
<b>Media Form</b>	Whiteboard, LCD, e-learning, video and animation
<b>References</b>	<ul style="list-style-type: none"> <li>1. Lubis J, Wardoyo H. 2016. Pencak Silat Panduan Praktis. Ed. 3. Jakarta. Peraturan Pertandingan Ikatan Pencak Silat Indonesia (IPSI)</li> <li>2. Hasanuddin. 2009. Sejarah dan Perkembangan Pencak Silat Indonesia. Surabaya.</li> <li>3. Hajir A. 2017. Pencak Silat. Yogyakarta. Metabook</li> </ul>