



Health and Sports Science Module Handbook
Faculty of Sports Science Universitas Negeri Makassar

| Module designation | | <i>Women and Sports</i> | | | | |
|---|-----------------|---|-----------------------|-------------------|------|-------|
| Semester(s) in which the module is taught | | 2 | | | | |
| Person responsible for the module | | Dra. Ichsani, M.Kes Bustang, S.Pd., M.Sc., Ph.D | | | | |
| Language | | Bilingual (Bahasa and English) | | | | |
| Relation to curriculum | | Compulsory | | | | |
| Teaching methods | | 3 parallel classes consist of 35 students/class: 1) Lecture (Face to face lecture): 2 hours x 14 weeks 2) Practical class: - | | | | |
| Workload | Total workload | 140 hours | | | | |
| | | Face to face teaching | Structured activities | Independent study | Exam | total |
| | Lecture | 28 | 28 | 28 | 4 | 88 |
| | Practical class | - | - | - | - | - |
| | Total | | | | | 88 |
| Credit points | | 2 credits | | | | |
| Required and recommended prerequisites for joining the module | | None | | | | |
| Module objectives / intended learning outcomes | | <p>This course will analyze the relationship between gender and sport from multiple perspectives. We will focus on the economic, cultural, political, social, and educational influences on women in sport and will discuss the impact that women have on shaping a traditionally male domain.</p> <p>At the end of this course, students will be able to:</p> <ol style="list-style-type: none"> 1. Understand the history of women in sport 2. Explain the importance of theory and research in evaluating the sociocultural, psychological, political, and physiological issues pertaining to women in the sporting domain. 3. Discuss the significance of several historical achievements for women in sport. 4. Identify and explain the origins of sociological and political barriers that women in sport continue to face. 5. Critically analyze how social construction influences the role of women in sports. | | | | |



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| <p>Content</p> | <p>This course will explain in more detail several components that are directly related to women and sports. Here are some of the content that will be studied in this lecture:</p> <ol style="list-style-type: none"> 1. History of Women in Sport & Participation Trends (Reading: Gregg & Gregg, 2017, Lopiano, 2000). 2. Women, Health, and Sport (Clinical sports medicine 4th Ed., chapter 43). 3. Theories of gender development (Messner, M. A., 1988; Zipp, S., Smith, T., & Darnell, S., 2019). 4. Sports and Women's Empowerment (Hanson, S., & Kraus, R., 1998). 5. Gender and Sports (Schell, L., 2000, Csizma, et al, 1988) 6. Sport, Women, and Religion (Nakamura, 2002) 7. Title IX and Beyond: Policy Interventions to Promote Women in Sports (Olson, 1990; UN Women 2000 and beyond, 2007). 8. Differently abled Women in Sports (Richard, R., & Joncheray, H., 2015; Clinical sports medicine 4th Ed., chapter 46). 9. Media Representation of Gender in Sport (Women, Media, and Sport: Challenging Gender Values Ch 2) |
| <p>Exams and assessment formats</p> | <p>Assignment</p> <ul style="list-style-type: none"> • Quizzes Unannounced quizzes will be given at the beginning of class and will cover only material assigned for that day's class. Students who read carefully and closely should have little difficulty excelling in this area. Students may not make up missed quizzes. Weight: 15% • Reaction Papers Each student will complete a reaction paper based on the readings throughout the semester. It is up to the student as to which readings to write reaction papers for. For the reaction papers, students will address the following questions in paragraph form: <ol style="list-style-type: none"> 1. Provide a brief overview of their opinion on the current topic(s). What are their initial thoughts or opinions on the topic(s) being covered? 2. Name three (3) things that stuck out to the students as the most important information in the reading for the current topic. Give a brief explanation as to why these things resonated with them. 3. List two (2) questions/concerns students would like |



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| | <p>the class to discuss based on the reading for the topic.</p> <p>4. Support their papers with references.</p> <p>Weight: 25%</p> <p>Mid Semester Exam</p> <p>The mid semester exam will cover materials presented in the first half of the semester and it will be composed of multiple-choice questions, short answer questions and an essay question.</p> <p>Weight: 25%</p> <p>Individual Final Project</p> <p>During the semester, students will attend both a women's and men's sporting event to compare the two. Students will observe one (1) women's sporting event and one (1) men's sport even in their entirety. They will pick a sport where they can view both men's and women's competition (baseball/softball, Tennis, Badminton, basketball, etc.).</p> <p>For each event, students should observe and report the following in a written paper:</p> <ul style="list-style-type: none">• Type of event• Date, time, location of event• Spectator Observations<ul style="list-style-type: none">* Size of crowd/spectators* Demographic make-up (gender, race/ethnicity, ages, students/faculty/staff, community, etc.)* Overall assessment of crowd behavior (pre-game, during game, postgame, significant events during game that may affect spectators)• Pre-game (warm up activities, routines, rituals)• Coaching staff behaviors (male or female coaches, actions during game, body language, interaction with officials/athletes/other coaches)• Officials' behaviors (male or female officials, actions during game, interaction with coaches/athletes/other officials)• Event Atmosphere (promotions, uniforms, game program/media guide)• General comments about the events and your observation <p>Weight: 35%</p> |
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| Study and examination requirements | Students are expected to attend all classes, unless circumstances prevent them from attending and an email has been sent before class starts. Final grade will be based on student attendance, their participation in completing the assignments, their score in the mid exam, and their individual final project. |
| Reading list | There is no textbook for this course. All required reading materials will be provided to the students through a shared folder on the Google Drive. |